

TEMPLE ADATH YESHURUN

Cold, Sunny Run for 2016 Bagels & Biscuits 5K



4-10-16 Bagels & Biscuits 5K Fundraiser. A total of 217 runners/walkers took off at 9 AM on the even-colder-than-last-year sunny morning. The overall winner was **Dan Verrington** of Bradford, MA, with dog. TAY members who took special honors: **Bradley Silver** (in the center of the picture above) came in third overall. **Lee Hill, Michelle Harrison, and Justin Silver** came in first in their categories. **Kylie Harrison** came in second in her category. See the May Bulletin for more info and pictures of the people and dogs who participated. Thanks to co-chairs Cate Tanzer, Alan Kaplan, and Jonathan Baron. Committee members were Mike Litvin, Michelle Harrison, Barry Frank, and Lee Hill.

PRESIDENT'S MESSAGE

Alan D. Kaplan

My Fellow Congregants,



Illness: what do prayers mean and do? This spring illness became a part of Emilie's and my life with her rotator cuff repair and my back surgery. Medical technology and surgical skills played a

role in both the diagnosis and treatment of our problems.

In addition we received support from our friends and our religious community. As a physician I was well-acquainted with the scientific side of illness and its treatment,

but not as familiar with prayers for healing.

Rabbi Davidson asked if I wanted to be listed on the Mi Shebeirach list. This is actually a sensitive question involving personal privacy versus the potential for community involvement that might have a benefit on the healing process.

Illness or "repair work" is a consequence of life in all age groups. Although we expect it and dread it, no one is immune. My formal training as a physician did not include the benefit of prayer either by myself or as a distant intervention by community members who did not have direct contact with me. So I was surprised when I consulted the medical literature and found a wealth of research into the question of the power of both individual and distant prayer on healing.

These studies were not being conducted by practitioners from poorly credentialed institutions or countries with limited diagnostic and treatment resources, but rather by physicians and nurses from Duke University, Johns Hopkins, Yale, Harvard, Dartmouth, Beth Israel (BI) Hospital in Boston and Hadassah Institute in Israel.

Cont. at PRESIDENT, p. 2.

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PRESIDENT, (cont. from p. 1.)

Dr. Benson at The Beth Israel has for 30 years reported the benefit of individual relaxation techniques in lowering blood pressure beyond what can be achieved with medication.

Dr. Krucoff and his co-investigator Suzanne Crater RNP from Duke University have investigated the role of distant prayer through a formal controlled study (MANTRA) on patients undergoing angioplasty. Their findings suggest that even when the patient was unaware of who was praying for his or her recovery or how far removed (eg. across the world), those receiving spiritual support had more successful outcomes even though they were matched for the severity of illness and procedures were performed by similarly skilled teams.

In studies from Duke, Yale, Dartmouth and Israel a variety of results showed that:

—Hospitalized people who never attended church have an average stay of three times longer than people who attended regularly.

—Heart patients were 14 times more likely to die following surgery if they did not participate in a religion.

—Elderly people who never or rarely attended church had a stroke rate double that of people who attended regularly.

—In Israel, religious people had a 40% lower death rate from cardiovascular disease and cancer.

While some of the data is surely skewed by the life style of those following a religious life—with less smoking, better dietary habits and physical activity—there is room to consider that both individual prayer as a relaxation technique to lower stress and community prayer with an unknown power of intervention may play an assistive role to our technology.

Perhaps that is why medical training programs today are offering courses not only in the “science of medicine” but also in the “art of medicine.” When we say Mi Shebeirach we not only ask for healing of the patient but also guidance of the hand of the practitioner.

New Ramp Makes Bimah Accessible to All



April, 2016. Construction is complete on the ramp from the rear of the sanctuary up the right side of the building to the Bimah. New chairs and carpeting give the Sanctuary a welcoming aspect. Come check it out. ~D. Rosenzweig photo.

We will get more “scientific data” from the many ongoing studies but for now you may want to add your name or those of your family members and friends to the list when illness occurs. It is one of the few therapies without any known “side effects” and may provided benefit to those who participate in the prayer as well.

Bringing together the community:

One of my goals as TAY president has been to develop a closer relationship in our small Manchester community between TAY, Temple Israel (TI) and Chabad. [Editor's Note: Chabad is the Orthodox sect of Lubavitch Jews in the north end of Manchester served by Rabbi Krinsky.] While our styles of prayer may differ, the basis of our beliefs is the same.

As the population of those participating in all faith-based organized religion shrinks with the exception of Fundamental and Evangelical groups, it is important for us to build on those elements of commonality within our own Jewish community.

To that end we are jointly advertising TAY's Bagel's and Biscuits road race and Chabad's Matzah Factory (which I

was able to get the new owners of the former Federation building to allow to continue there). Hopefully this will lead to greater participation in both events.

I have also had preliminary discussions with Rabbi Eric Cohen of Temple Israel to have a joint Israel Independence Day “Yom Ha' atzamat” celebration and a Jewish-based youth play next year involving the religious school students of TI and TAY. I hope other opportunities will be pursued by all members of our community.

Status of revitalization and the Capital Campaign:

*Carpeting throughout the first floor (Library, Foyer and Sanctuary) has been completed.

*A contract is being negotiated with a mat company to supply clean entrance mats on a regular basis to protect our new carpet from outdoor dirt and snow.

*The new chairs are being used regularly in the Sanctuary and everyone has appreciated their comfort due to padding, chair height and width.

*The new handicap-accessible ramp and Bimah extension have been completed with safety hand rails for those walking,

(Cont. at PRESIDENT, p. 3, 1st col.)

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PRESIDENT, (cont. from p. 2).

and a lower rail for those in wheel chairs. A small podium station with a microphone will be located at the top of the ramp so those using the ramp to participate will not have to traverse the entire Bimah to get to the Rabbi's microphone.

*The committee to select the new LED lighting is meeting next week to finalize our choice for the sanctuary/social hall and the foyer.

*The sound system contractor has started the installation of our new system which will utilize the new mixer provided by the Brotherhood last year, our hearing-assisted system and high definition video for our projection system in the social hall.

*Re-mounting and additional speakers in the Sanctuary and Social hall should provide more even and clearer quality sound and can be selected for either area, or both at the same time—depending on the function.

*The next meeting with our architect consultant for the Foyer and patio design is scheduled for April 25. Final architectural plans should be available for bidding by the end of May or early June.

*Meetings are being arranged with the City building department regarding approval for the new functional wall between the Sanctuary and Social Hall and the with the fire department regarding the sprinkler system for the upstairs areas.

ONE THIRD OF THE CONGREGATION has now contributed to the Capital campaign. If you have not made a pledge or sent a check please consider being a builder of our house of worship, study and community. We seek 100% participation so please donate what you can afford.

I hope you will all plan to attend the **Annual Temple Meeting on Sunday afternoon May 15** and provide your input and guidance as you elect the new Board of Directors and President.

Alan D. Kaplan

Passover Foods Revealed

From the Rabbi

Beth D. Davidson

I suspect most of us grew up with hearing the following characterization of Jewish holy days: "They (unnamed interlocutor) tried to kill us, they failed, let's eat."



And while this is a gross oversimplification, that doesn't mean it doesn't ring true. All Jewish holidays either feature food, or the lack thereof.

Passover is perhaps the most obvious of the Holy Days that feature food. On Passover, food is not only tasty, it reinforces the lessons of the celebration.

The "teaching" foods include:

- *Matzah*, which reminds us that our ancestors didn't have time for their bread to rise;
- *Maror*, (the horse radish,) which reminds us of the bitterness of slavery;
- *Charoset*, (apples or dates, cinnamon and wine or juice,) which reminds us visually of the mortar used for bricks, while the taste reminds us how sweet freedom is;
- *Karpas*, (the greens,) which remind us that Spring has sprung and the land is greening; while its accompanying salt water reminds us of the tears shed by the slaves;
- *Zeroah*, (the lamb shank or chicken neck,) which reminds us of the Paschal lamb;
- And the *Betzah*, (the egg,) which reminds us of Spring and the season of rebirth; it is roasted to remind us of the Festival sacrifice, made when the Temple still stood.

And then there are Passover's "tasty" foods (ok, maybe not everyone agrees that they're good to eat, but we can agree to be amazed at how far our predecessors made limited funds stretch.)

These include:

- Gefillte Fish, infamously made of several different types of inexpensive fish;
- Hard boiled eggs, which echo the Seder plate egg, but which are also inexpensive "fillers";
- Matzah Ball Soup, which insured that no part of the chicken or the broken matzah pieces, went to waste;
- Brisket, a slow-roasted way to make a tough cut of meat fit for kings and queens;
- and Tsimmes, usually made with root vegetables which tended to be less expensive and may even have survived a long winter.

Depending on where your family originated, your table may have included other specialties, like:

- eggs chopped up in salt water, a course my grandmother used to serve, which enabled the Seder symbols not to go to waste and which helped make the chicken/brisket go further;
- hard boiled potatoes (my grandparents came from Russia/Poland, and no one was going to spend money on delicate, non-filling herb!)
- If you grew up with parsley, you may have had a German-Jewish connection, as it was the often well to do German Jews who used parsley.)
- Potatoes are among the first veggies to green in the Spring, and they too can be filling, which again helped the budget;
- and scallions, used by Egyptian Jews both as bitter herbs, but also as mock whips, to remember the overseers' treatment of the Hebrew slaves.

If you have other family delicacies, I would love to hear about them. One thing EVERY family table included was wine—again, usually sweet to remind us of our freedom,

Cont. at RABBI, on p. 4.

RABBI, cont. from p. 3.

but also sweet since until recent advances in oenology, kosher for Passover wine had to be boiled to insure that the yeast was dead. To make up for the taste of dead yeast and boiled wine, makers of kosher for Passover wine would add sweeteners like honey, sugar or fruit to make the liquid palatable.

To this day, though I drink a dry red for the first three cups, I like the Extra Heavy Malaga for my final glass, as it reminds me of the "old" days.

Whether the Passover foods were eaten or simply used as part of the retelling of the story, I think they are part of the Passover commandment. They help us feel as if we ourselves had been freed from bondage.

So as you dig in this year, I hope you will join me in giving thanks for God's redemption, as well as for our ancestors.

A Sweet and Joyous Passover to All.

~Rabbi Beth D. Davidson

Cameraman Captured



Hadassah Speaker Shares History & Current Israeli Stem-Cell Work

[Kathryn Kerstein, the Organizational VP of Hadassah Northern New England (NNE), spoke eloquently at TAY services on Shabbat Zachor. She is also is the NNE chair for the Every Step Counts program. Her remarks are reproduced almost verbatim below for your information.]

Thank you, Michele, for inviting me join you in this lovely service. *[Editor's note: Michele Banks is the president of Manchester's Hadaassah.]* All across this country tonight Hadassah chapters are joining local synagogues in celebrating Shabbat Zachor, the Shabbat immediately preceding the festival of Purim.

Purim is entwined in the history of Hadassah, the Women's Zionist Organization, because it was during Purim in 1912 when Henrietta Szold proposed that her study group, the Daughters of Zion, embrace practical Zionism, doing proactive work to help meet the health needs of pre-State Palestine's people.

The name Hadassah was chosen because it was the Hebrew name of Queen Esther. Then, as now, Hadassah's motto could have been Hadassah, "the Power of Women Who Do."

Just as Queen Esther had to step out of her comfort zone and take action to save her people from destruction, the women

of Hadassah stepped out of their customary roles to take on the challenges of leadership.

These women of Hadassah were able to raise sufficient funds to send two nurses to Palestine where they set up a small public health station in Jerusalem to provide maternity care and treat trachoma, a dreaded eye disease then rampant in the Middle East.

Since this small beginning, Hadassah has grown to be the largest women's Zionist organization in the United States, with over 300,000 members and associates and through its fundraising and investment in health, education and youth service institutions has unwaveringly supported, first, the Jewish community in pre-State Palestine and then the State of Israel from its formative days until today.

Hadassah is best known in Israel for its Hadassah Medical Organization located on two campuses, one on Mt. Scopus and the other in Ein Kerem. HMO is synonymous with excellent medical care and cutting edge medical research. Just as importantly, it is known as an island of peace in a troubled region, where medical staff, Jewish and Arab Israeli alike, serve sick patients without regard to race, ethnicity or religion.

Hadassah has had many research successes over the years, but I am most excited by its recent advances in stem cell research. Hadassah Medical Organization (HMO) is internationally recognized for decades of leadership in stem cell research, and for immunotherapies that marshal the body's own resources to fight disease.

The stunning results of HMO clinical trials for potential treatments of ALS and other neurodegenerative diseases,

Cont. at HADASSAH, p. 5.

3-31-16. David Rosenzweig, photographer extraordinaire at Temple Adath Yeshurun, was asked by JoAnn Meyers to take pictures at the Sponsor Reception at Quill before the first showing of the Jewish Federation of NH Film Festival movie "In Search of Israeli Cuisine." Attendees had a chance to meet Chef Michael Solomonov, as well as the filmmaker and movie producer Roger Sherman. The chef signed copies of his cookbook. David's wife Pat is on his right arm; David's camera is on his left. Picture caught by Ruth Kleinfeld on her phone.

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HADASSAH, (cont. from p. 4).

such as Multiple Sclerosis and Parkinson Disease have riveted the worldwide medical community.

Multiple Sclerosis was one of Hadassah's earliest success stories. Multiple Sclerosis is an unpredictable and often disabling autoimmune disease, where a patient's own immune cells attack myelin, the insulating nerve covering, which then causes disruptions in the flow of information from the brain to other parts of the body. Over 2.3 Million people worldwide suffer from MS, which occurs across all ethnic groups but is most prevalent in Caucasians of Northern European descent.

Professor Tamir Ben-Hur, head of Hadassah Medical Organization's prestigious Department of Neurology first showed in animal models that transplanted stem cells not only regenerate myelin, but that the stem cells actually spurred the brain to help repair itself.

HMO researchers led by Dr. Dimitrios Karussis, head of the Multiple Sclerosis Center, conducted the first clinical trial injecting bone marrow-derived stem cells into a patient's spinal fluid and found that they inhibited inflammation, prevented immune cells from activating and inflicting injury to the brain and actually facilitated repair processes.

I want to tell you the story of one young American woman whose life has been profoundly affected by this cutting edge research. Linda Jayaram Barish of Houston, Texas has MS and was finding it harder to walk and function every day. She moved around her home by holding onto furniture and was never far away from her electric scooter.

When she and her husband David visited Israel, they were introduced to Dr. Karussis who ordered an MRI, assessed her condition and then harvested Linda's own bone marrow cells. He asked the couple to return in two months, by which time the small number of stem cells would grow in the lab to tens of millions.



April's Joke of the Month

Selected by Ted Yegerman

Alan considered himself something of a wit, so when he noticed a sign saying "We prepare every type of sandwich," he called the waiter.

"Is that sign true?" he asked.

"Yes, it is," answered the waiter.

"Then bring me an elephant steak sandwich on toast."

"The waiter stared at the wise guy for a moment and then replied, "I'm sorry, sir, but we can't start a whole elephant for just one sandwich."

Immediately following the procedure, Linda and David knew they had to visit the Kotel. They were overwhelmed by the possibility that the progression of Linda's MS could be stopped or reversed.

Two months later, Dr. Karussis injected stem cells directly into her spinal cord at treatment developed at HMO. Eleven injections and several years later, Linda is now walking without a cane, she has given away her scooter and she is the loving mother of a young child.

The world's first double-blind, placebo-controlled study treating MS patients with adult bone marrow-derived stem cells injected into the spinal cord is currently underway at Hadassah Medical Organization. The trial includes 48 patients and the ultimate goal is to see if stem cells can generate new myelin.

* * *

Hadassah is not only active in Israel. Here at home in the United States, Hadassah advocates for Women's Health Issues, for Gender equality in Medical Research and for the eradication of human trafficking, which is a problem even in our own country.

In the area of women's health, Hadassah has launched an education program called Every Beat Counts to make women aware of the risks and symptoms of heart disease in women which is the single largest killer of women in the United States and often presents with very different symptoms that it does in males.

And for the second year Hadassah will hold its virtual walking program, Every Step Counts, which encourages women and men to join our online tracking program so that we can walk together in person when we can, but in a virtual community when we can't.

Last year in our virtual walk from Hadassah headquarters in New York to Jerusalem, we together, walked 721 million steps or 350,000 miles. And we hope that this year we can go even further.

Finally I would like to thank the dedicated women of Hadassah's Manchester Chapter for their hard work in furthering the life-saving work of Hadassah in Israel and here at home. Shabbat Shalom.

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Principal's Message

Stephen Dolman

As we approach the final two months of school, the major emphasis will be on preparing the classes for the Passover holiday and the end of the year Exposition (more on that in the May Bulletin next month).

The seventh grade will continue to work with both the Rabbi and Mrs. Schechtman on preparing for their Bar or Bat Mitzvah.

Sixth Grade will be working on the readings for the Passover Seder along with the four questions. They will begin working on their projects for the end of the year Expo.

Fifth grade will be finishing their unit on prophets and will begin preparing for both the Passover service and their participation in Expo.

Third and Fourth grade Judaica class would like to thank Ms. Nancy Kudler who came in and did a lesson on Passover Origami. The class made pyramids to remind them of the difficult conditions of the Jewish slaves were forced to work in ancient Egypt. The students also made frogs which was the second of the ten plagues.



The children took home an origami shank bone as a reminder of the lamb that was sacrificed on the night of the exodus from Egypt. They were also able to take

home an origami Kiddush cup as a reminder that Jewish people drink wine to celebrate the holy days and special moments of our lives.

In Hebrew the third and fourth grade are also studying the four questions for the Passover seder. The class is also studying for their service which takes place on Friday May, 6.

K-2 will be finishing their unit on the



MANTY Assists at the FAN-PURIM-TASTIC Carnival

From left, Madeline & Julia Kamen, MANTY advisor Adam Klein, Brad Silver on the shoulders of Adam Flanders, Serena Tanzer with her arms around Brad, Danielle Mazzella, and Max Tanzer on crutches (Now he is much recovered.)

LOOK FORWARD to THESE IMPORTANT DATES:

Third and Fourth grade service: May 6

K-2 service: June 3.

(Also, teacher recognition day)

End of the Year Expo: Tuesday May 31

Sabbath and will be learning the story of Passover. In preparation for the Passover seder they will be planting parsley. The students will also begin to prepare for their own service on the 10 commandments for Friday June 3.

At this time I would like to thank the staff for their hard work and dedication while I was out on medical leave. A special thanks goes to Missy Rosenberg in doing double duty of teaching her class and performing the duties of principal in my absence.

At right, Rabbi Beth wearing her Mets regalia provides a lap for Simon Ratinoff and his younger sister Alisha.



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2016 Fan-Purim-Tastic Carnival

LET THE GAMES BEGIN: FAN-PURIM-TASTIC!

"Let the games begin!"...and so they did. It was "fun,fun,fun" at FAN-PURIM-TASTIC, this year's Temple Adath Yeshurun's Purim festival.

On Sunday, March 20,2016, the Brotherhood of Temple Adath Yeshurun presented its annual Purim extravaganza extraordinaire, with a group once again headed up by Joel Gordon.

The Brotherhood was assisted by members of MANTY and Sisterhood. The joint was jumping. A host of children with their parents enjoyed incredible games, the best prizes ever, and delicious food.

This year's games included:
"Shushan's Shoes (shoe golf),
"Haman Smasher" (a bean bag throw to knock over Haman Kewpies),
"The Luck of Queen Esther" (a roulette wheel of chance),
"Gonza Megillah" (rubber chicken toss into a large soup kettle),
"Lord of the Rings" (ring toss),
"Judah's Javelin" (balloon dart game), "The Giant Plotz" (clothes pin drop into a bottle), "180 day Feast" (plate spinning) and the perennial favorite "Vashti's Vamoose" (a candle squirt-gun game).

The pictures tell it all, thanks to David Rosenzweig's camera.



Above, Jacob Herlicka in action at the ring toss, while Brother L looks on.



Mataya Oppenheim gets ready to toss the chicken in the pot of soup at the "Gonza Megillah" game.

Joley Ecker tosses Bigthan's Balls while dad Sonny Ecker of Dover assists. Cate Tanzer encourages them.

Below, Spiderman puts out the flame.



TEMPLE ADATH YESHURUN

BULLETIN

Nisan/Iyyar 5776



**ARE YOU A HIGH SCHOOL SENIOR OR FULL-TIME
POST-SECONDARY STUDENT SCHOOL STUDENT
(UP TO AGE 25) AND A MEMBER IN GOOD STANDING OF
TEMPLE ADATH YESHURUN?**

You are invited to compete for
**THE SAMUEL SUGERMAN SCHOLARSHIP AWARD
ESSAY CONTEST**

The Samuel Sugerman Scholarship will be awarded on the basis of a 500-word (or fewer) essay. Judgment will be based on the structure, content, and the manner in which the writer treats the chosen subject. The activities of the student, both curricular and extracurricular, will be a strong consideration.

The premise of the essay is as follows:

"Sam Sugerman was a man devoted to the advancement and security of the Jewish People, the perpetuation of our heritage, and the welfare of Temple Adath Yeshurun. He served the Temple nobly and with distinction, always concerned with the quality of Jewish life. In an essay, not to exceed 500 words, describe why you feel qualified for the scholarship that bears his name." (Be sure to include your background, your Jewish and secular activities, and your goals.)

GENERAL INFORMATION

1. The cover page of the essay must have your name, address, phone number, parent's name and address, the name of the secondary school or college you attend (or will be attending), and the expected year of your graduation.
2. During the selection process, the name and address of the writer and his/her parents will be concealed.
3. Essays must be typed, double spaced, and placed in a sealed envelope marked "Samuel Sugerman Scholarship Essay."
4. Essays must be received at the Temple Office by the close of the business day on **Thursday, June 2, 2016..**
5. The winner of the \$500 cash award will be announced at the Brotherhood Annual Meeting and BBQ on **Tuesday, June 7, 2016** and the presentation will be made that night.
6. Each applicant must be a member of a TAY family in good standing.
7. Each applicant must be between high school senior age and 25 years of age.

TAY Brotherhood reserves the right to have the winning essay read at the BBQ and to publish all the submitted essays in the *Bulletin*.



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We Earn 5% BACK on EACH CARD!

TEMPLE ADATH YESHURUN

MAZEL TOV!

Mazel tov to Frankie Shapiro on the arrival of her first great grandchild, Benjamin William Flashman—who was born on her 85th birthday. Frankie's son, the baby's grandfather, was also born on the birthday of his great grandmother, making the day a very special celebration up and down the generations.

On April 16, Joshua Hill will be called to the Torah. Mazel Tov to his parents Lee Hill and Ellen Groh of Hollis.

Congratulations to Mary Singer on the engagement of her son Douglas Singer to Sarah Bournival. See more details of their upcoming nuptials below, with their picture taken at the Vermont Teddy Bear factory store.

Dr. Mary Singer and the late Neil Singer of Goffstown (d. 8-7-15) are pleased to announce the engagement of their son Douglas Jacob Singer to Sarah Beth Bournival, daughter of Patricia and Kenneth Bournival of Clearwater, Florida.

The future bridegroom is a graduate of

**BIG NEWS!
BIG NEWS!
BIG NEWS!**

**ANIMALS?
WILD?
WHERE?**

COMING SOON TO A TEMPLE NEAR YOU!

TAY will be hosting their very own WILD KINGDOM for one day only. You don't want to miss the spectacular event. Snakes, rams, and even a whale may surprise you. Come on and check this out on Tuesday, May 31 at 152 Prospect Street Manchester, NH. It is a once-in-a-lifetime chance. See next month's Bulletin for more information.



Sarah Bournival—Douglas Singer

Goffstown High School. He completed his Bachelor's degree at Southern New Hampshire University in Information Technology, and is now pursuing an M.B.A. in Project Management while employed as a business analyst in the Staples corporate offices in Framingham, MA.

The bride-to-be is a graduate of Manchester Memorial High School. She is employed as a paraeducator at Merrimack High School and is engaged in studies at Granite State College towards a Bachelor's degree in psychology.

The happy couple resides in their Nashua home with their dog Luci Liu and two cats Edward and Khaleesi.

A New Hampshire wedding is planned for December of 2016.

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BULLETIN

Nisan/Iyyar 5776

Downtown

Sung to the tune of Petula Clark's 1964 hit.

Don't hang around and let the story
confound you

There are friends right here, THE
SPIEL

Maybe you'll learn the little details
and so

You will confront your fears, THE
SPIEL

Just listen to the rhythm of the story as
we sing it

You'll be dancing with us too you will
not have to wing it

Happy again,

The lights are much brighter here
You can forget all your troubles, for-

get all your fear

So go to THE SPIEL

Things will be great when at THE
SPIEL

No finer place for sure,
THE SPIEL, everyone's waiting for
you

(interlude)

...As Esther foils the evil plot with
Mordecai behind her

Haman he's a loser, and the Jews de-
liver what 'fer

Goodness does win!

So maybe I'll see you here

Forget all your troubles, forget all
your fear

So go to THE SPIEL,

Things will be great when at THE
SPIEL

Don't want a minute more

THE SPIEL, everyone's waiting for
you.

The SPIEL, THE SPIEL

PURIM SPIEL 2016

3-25-16. Cast above, from left: Lorne Feinberg, Alan Kaplan, Steve Short, Ryan Rosenberg, Jonathan Baron, Nancy Frankel, Ruth Kleinfeld, Mary Singer, Janice Belmont, Karen Rothstein, Nona Feinberg, Mandy Frank. (Not shown: Rabbi Beth, Joe Rojek, & Elliott Frank.)

Cast and Credits

Soloists:

KING AHASUERUS, *King of Persia*: **Jonathan Baron**

VASHTI, *his 1st queen*: **Jet Goldberg**

MORDECHAI, *a Jew in Shushan*: **Steven Short**

ESTHER, *his beautiful niece, who becomes Queen #2 of King A.*: **Mandy Frank**

HAMAN, *the evil villain who plots to kill the Jews of Shushan*: **Alan Kaplan**

ZERESH, *Haman's wife*: **Mary Singer**

ADDITIONAL CAST & CHORUS: **Janice Belmont, Lorne Fienberg, Nona Fienberg, Nancy Frankel, Emilie Kaplan, Ruth Kleinfeld, Ryan Rosenberg, Karen Rothstein.**

Musical Director and keyboard: **Joe Rojek**

Drums: **Elliott Frank**

Parody lyrics by
Rabbi Beth Davidson

At right, Rabbi Beth D. Davidson retells the story of the Megillah to an appreciative audience, Ariana Bell and her mom Rachel Schor.



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BULLETIN

Nisan/Hyar 5776



The two plotters Bigthan and Teresh—played against type by Karen Rothstein and Janice Belmont—dramatically plot in their song, “Let’s Go Kill the King,” causing the rest of the cast on stage (as well as the audience) to smile.

Below, outstanding drummer Elliott Frank poses with his Mom Mandy Frank. Mandy is wearing her Ms. Shushan banner since she will soon become Queen Esther, marrying King A.



Mellow Yellow

Sung to the tune of Donovan’s 1966 hit.

Last verse:

We’re just wild about Esther, As Esther
faces the king
We’re just wild about Esther, Esther
faces the king
We read in the Megillah
[Quite rightly]
We read in the Megillah
[Quite rightly]
We read in the Megillah
We all cheer Haman’s downfall,
As Haman’s plot comes to naught
We all cheer Haman’s downfall,
Haman’s plot comes to naught,
We read in the Megillah, We read in
the Megillah,
We read in the Megillah...
(fade out)

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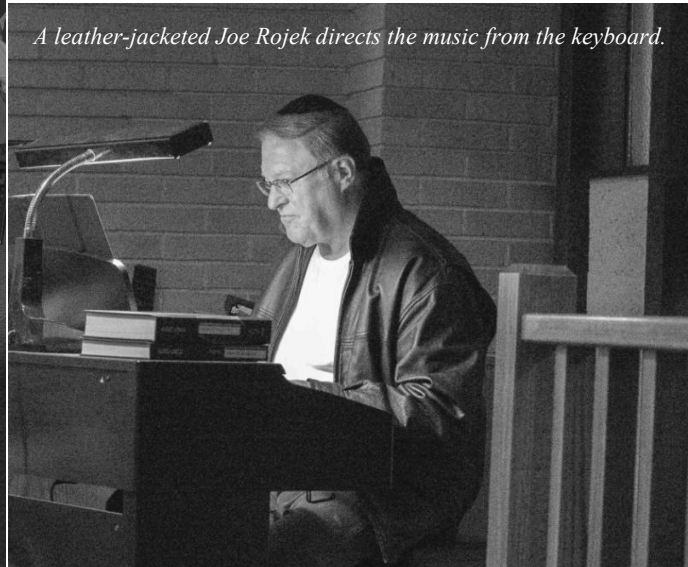
Jonathan Baron majestically wields his scepter as King Ahasuerus. Ryan Rosenberg follows behind him in the procession to the Bimah for the start of the Spiel.

King of the Road

Sung to the tune of Roger Miller's 1966 hit.

I know every concubine in every bed
Names of their children—to none am I wed.
No politics ruining my grind,
And no silly details filling my mind!

Vashti I sent away. I'm not feeling all that gay:
Bad head, bad gut, bad day.
The king's not making hay, but with
Beauties to touch and taste, I'll get
Royal nookie soon, post-haste.
I'm a man of means, by all means:
King of Iran.



A leather-jacketed Joe Rojek directs the music from the keyboard.

Nisan/Iyyar 5776

For your convenience, cut out and copy this form the next time you're making donations or contributions: Send with your check.

Temple Adath Yeshurun Donation Form

Name of Fund _____

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In memory of NAME: _____

In honor of NAME: _____

In appreciation of NAME: _____

TEMPLE ADATH YESHURUN



End of Life Rituals and Traditions:

*Sharing Faith Perspectives
on this Life Cycle event*

Monday, May 16 at 6:45 p.m.

Check-in begins at 6:15

Temple Adath Yeshurun, 152 Prospect St, Manchester 03104

Our Panel

Sr. Pauline Maurier, CSC -- Catholic

Nur Gunes Almasikhi -- Muslim

Anne Rodman and Susan Walker -- Protestant

Rabbi Beth Davidson -- Jewish

Join us for refreshments after the program!

**Please RSVP to interfaithwomennh@gmail.com or
Call 603-315-9386**

Visit us online at: interfaithwomennh.org.

OUR MISSION:

**To share religious beliefs, cultures, and traditions among women of diverse faiths in order
to develop understanding and friendship among us and within our community.**

At the 2016 Spiel,

*the beauty contestants line
up for the pageant for
King A.:*

*From left,
Karen Rothstein, Nancy
Frankel, Ruth Kleinfeld,
Nona Feinberg, Janice
Belmont, and
Mandy Frank.*



TEMPLE ADATH YESHURUN

Vocalist Rosalie Gerut to Headline Annual Stahl Concert



April 2, 2016. Next month, Temple Adath Yeshurun will welcome celebrated vocalist Rosalie Gerut to headline the congregation's third annual **Barbara and David Stahl Memorial Concert**.

The concert, to take place **Saturday, May 7, 2016**, is open to the general public and will benefit Temple Adath Yeshurun, Manchester's largest Jewish congregation.

An accomplished cantor, composer, actress and singer, Gerut weaves her unique gifts of song, humor and storytelling, along with

the wisdom of her family's long and rich folksinging tradition. She combines a beautiful, versatile voice with accomplished guitar accompaniment, to bring to life traditional folk songs, as well as her own compositions and those of other artists from around the world.

As a soloist and as part of her group, "Rosalie & Friends," Gerut has captivated audiences around the United States and all across the globe, and she has composed music for noted theater, film, radio, and television productions, includ-

ing "Breaking the Silence," a PBS documentary film and Blue Ribbon award winner at the American Film Festival.

For the concert, Gerut will be joined by Lisa Marcus Jones on piano and guitar, Andrew Blickenderfer on bass and mandolin, and Mitchell Gordon on percussion.

"We are so fortunate to have a singer as accomplished as Rosalie Gerut come to New Hampshire to share her skills," said Alan Kaplan, president of Temple Adath Yeshurun. "Rosalie is truly a world class talent. Her remarkable voice is perfect for sharing stories collected over generations. She is a treasure, and Temple Adath Yeshurun is thrilled to bring her to the Manchester community."

The Stahl Memorial Concert will take place **Saturday, May 7 at 6:30 PM at Temple Adath Yeshurun**, 152 Prospect Street in Manchester. Tickets may be purchased in advance from the temple website, TAYNH.org for a cost of \$18 each, or for \$20 at the door.

For more information, go to www.TAYNH.org.

TAY member Stephan Lewy will answer questions about his life and experiences at the Service of Remembrance.

Communal Yom HaShoah Service

Please join us at 7 PM, on Wednesday, May 4, 2016, for a Yom HaShoah Service of Remembrance, followed by a presentation of *Surviving Evil: The Holocaust through the Story of Stephan H. Lewy*. The play, written and performed by award winning playwright Tom Anastasi, is directed by Alan D. Kaplan, with original music by Peter J. Bridges.

Surviving Evil looks at the Holocaust through the eyes of former Manchester resident Stephan H. Lewy who lived in Berlin in the mid-30's and chronicles his

life in Germany, his escape to France, and several close calls he had. The play ends with his becoming an American soldier and citizen, and going back to Germany as a member of Patton's Third Army, liberating the concentration camp at Buchenwald.

After the war, Stephan Lewy moved to Manchester, NH, married and raised his family here. He is a long-time member of Temple Adath Yeshurun, and will be available for a question and answer session after the play.



TEMPLE ADATH YESHURUN

Sisterhood News

Linda Rockenmacher

Our temple activities increase along with the arrival of warmer weather. On Tuesday, April 12 at 7 P.M., Nona Fienberg led a lively discussion of Dora Bruder



written by French Nobel laureate Patrick Modiano.

Dot Warshaw has been busy planning our Second Night Seder for Saturday, April 23 at 6 PM. Be sure to send in your

RSVP if you plan to attend.

Our last Breakfast with the Rabbi attracted a record number of congregants for a very stimulating discussion of first

amendment rights and the situation at Oberlin. We have two more breakfasts scheduled before summer with the next before Torah Study on **Saturday, May 14**. Frankie Shapiro always supplies a fantastic meal for us.

Friday night oneigs have recently been provided by **Ruth Kleinfeld, Sue Niederman, Dot Warshaw**, and the **Dolman family**. Thank you all for your efforts and generosity.



Our spring *Rosh Chodesh* will be a vegetarian potluck on **Tuesday, May 10** at Ruthie Gordon's home. I

hope many of you will be able to join us to celebrate this woman's holiday to welcome the month of Iyar. More information will be coming.

REMINDER:

**Sisterhood
Second Night
Passover Seder
At TAY**

**Reservations Required
Saturday, April 23
6 PM**

**For info or to volunteer
for set up, clean up, or
other,
Call Dot Warshaw, Chair
485-5035**

TEMPLE ADATH YESHURUN BOARD DIRECTORY

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Barry Scotch	493-0593	bscotchnh@hotmail.com
Michael Yellin	595-5957	yellin.michael@gmail.com

TEMPLE ADATH YESHURUN



May Birthdays

Daniel Boyarsky
Jake Boyarsky
Maxwell Boyarsky
Alea Dolman—18
Bradley Silver
Tzipora Yellin

Birthday Blessings

At FAMILY SERVICE (usually the first Friday of each month) children under the age of Bar or Bat Mitzvah are called to the Torah for birthday blessings. A community pot-luck supper usually follows.

April's Family Service was on April Fool's Day. May's Family Service will be on May 6.

See you on Shabbat.



May Anniversaries

Dominique & Marc Lapin
Shelley & Joel Spierer—
30 years.

Check it out our **NEW** website
at the same old address:

<www.taynh.org>

Thanks to

Jonathan Baron

*for his time, energy, talent, and vision
in creating and launching
our new website.*

DONATIONS

Donations are listed March 4, 2016, through April 5, 2016 through April 8, 2016.

Special Purpose Funds

Created with a minimum donation of \$5000; may only be used for a specified purpose.

Bob Jolton Brotherhood Fund

By Ruthie and Joel Gordon to Judith Jolton, in honor of being selected as one of the 20 Most Outstanding Women, WZID.

By Joni Taube and Eliot Sirkin to Judith Jolton, in memory of Bob Jolton.

By Kayla Sirkin and Jesse Herschman, to Judith Jolton, in memory of Bob Jolton.

Brotherhood Fund

By Margie and Jay Hodes to Sherry and Stephen Goldberg, in honor of the engagement of Sherry's daughter Carla Elliott Corbett to Jonathan David Lawson.

By Karen and Steven Rothstein to Sherry and Stephen Goldberg, in honor of the engagement of Sherry's daughter Carla Corbett to Jonathan David Lawson.

By Karen and Steven Rothstein to Clifford Lopate and Rabbi Beth Davidson, in memory of Eileen Lopate.

By Nancy Frankel to Judith Jolton and family, in memory of Bob Jolton.

By Fran and Steve Short to Judith Jolton and family, in memory of Bob Jolton.

By Candy and Buddy Gardner to the Jolton family, in memory of Bob Jolton.

By Sherry and Stephen Goldberg to Judith Jolton, in memory of Bob Jolton.

By Marc Rubenson to Judith Jolton, in honor of being selected as one of the 20 Most Outstanding Women, WZID.

By Marc Rubenson to Fran and Steve Short, in honor of the birth of your first grand child, Eva Genevieve Shattuck. Mazel Tov!

Neighbors Feeding Neighbors

By Fran and Steve Short to Deb Benton and family, in memory of Al Benton.

Rabbi Starr Interfaith Fund

By Rabbi Arthur and Linda Starr to Mr. & Mrs. Lee Dorson, with best wishes for Marilyn's speedy and complete recovery.

By Sylvia Friedmann to Rabbi Beth D. Davidson, for recovery.

Rabbi's Discretionary Fund

By Ivy Levine to Brenda Schadick. Happy Birthday!

By Nancy Frankel to Wendy White, in memory of Sheila White.

By Marilyn Hoffman to Judith Jolton and family, in memory of Bob Jolton.

By Janice and Judson Belmont to Fran and Steve Short, in honor of the birth of your first grandchild, Eva Genevieve Shattuck. Mazel Tov!

By Carolyn and Philip Hollman to Judith Jolton, in honor of being selected as one of the 20 Most Outstanding Women, WZID.

By Sue and Jay Niederman to Judith Jolton, in honor of being selected as one of the 20 Most Outstanding Women, WZID.

By Carolyn and Philip Hollman in memory of Louis Hollman.

By Sherry and Stephen Goldberg to Margie and Jay Hodes. Mazel Tov, in honor of your daughter-in-law Lauren Gottlieb, Ph.D on being awarded her white coat at Cummings Veterinary School of Medicine at Tufts University.

By Sherry and Stephen Goldberg to Cliff Lopate and Rabbi Beth D. Davidson, in memory of Cliff's aunt, Eileen Lopate.

By Paula Blank, in memory of Herman Blank.

By Fran and Steve Short to Rabbi Beth D. Davidson, in appreciation.

Short Family Youth Involvement Fund

By Karen and Steven Rothstein to Fran and Steve Short in honor of the birth of your first grandchild, Eva Genevieve Shattuck. Mazel Tov!

(Continued at DONATIONS, on p. 17.)

TEMPLE ADATH YESHURUN

DONATIONS *(Cont. from page 16.)*

Short Family Youth Involvement Fund

By Ruthie and Joel Gordon to Fran and Steve Short in honor of the birth of your first grandchild, Eva Genevieve Shattuck. Mazel Tov!

By Fran and Steve Short to our TAY family, for helping us celebrate the naming of our granddaughter.

Whitaker Music Fund

By Karen and Steven Rothstein to Mary Singer in honor of the engagement of Douglas Singer to Sarah Bournival.

By Linda and Sol Rockenmacher to Alan Kaplan, wishing you a speedy recovery.

By Sherry and Stephen Goldberg to Mary Singer. Mazel tov on the engagement of Douglas Singer to Sarah Bournival.

By Joni Taube and Eliot Sirkin to Lori Salzman, in memory of Beth Ann Salzman.

Named Funds

Created with a minimum donation of \$1500; income helps fund Temple operations.

Louis and Ray Kalgstein Fund

By Ruthie and Joel Gordon to Judy and Marty Wolff. Mazel tov! In honor of granddaughter Caroline becoming a Bat Mitzvah.

Yahrzeit Fund

By Jan and Mike Litvin in memory of Len and Bessie Litvin.

By Nancy and Gerald Zidle in memory of Joseph Zidle.

By Gerald and Nancy Zidle in memory of L. Rosenberg.

By Mark and Maryellen Bilech in memory of Rhoda Bilech.

Please Note: Minimum Donation to any specific fund is \$18.

SISTERHOOD JUDAICA SHOP

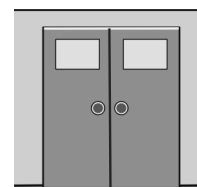
Do you need a beautiful lidded bowl to fill with horseradish for your Passover Seder or a hostess gift?

Come to the Sisterhood Gift Shop and see the beautiful glass by Amalia Flaisher. Lidded bowl is \$38.00 and we have it in three different colors.

Purchases can be made at the Gift Shop during Religious School hours on Tuesdays, and also during Temple Office Hours. [See Office Hours on p. 20.]



**GLASS
by
Amalia
Flaisher**



TAY Security Reminders for ALL

Please remember that as part of our plan to increase security in the building, the front doors will be locked 15 minutes after the start of any service or class that is held when the office is not open.

We understand this may sometimes be an inconvenience. When the office is closed, we don't have anyone working the buzzer to screen visitors.

Thanks for helping us make TAY a safer place.

QUOTE of the MONTH

The paradox is that those people who left only monuments behind as a record of their existence have vanished into time; whereas the Jews who left ideas have survived. A society without ideas has no history.

~Max I. Dimont

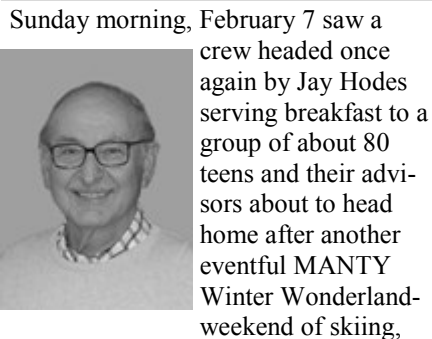
Getting Names RIGHT For Couples & Members

Beginning with the May 2015 issue, we will list anniversary couples with first and last names. If the couple has different surnames, we will so note. We will omit Dr., Mr., Ms. and other address titles.

*If we make errors—or if your TAY mailing labels are not as you prefer—please let us know:
669-5650.*

TEMPLE ADATH YESHURUN

BROTHERHOOD NEWS *Sol Rockenmacher*



Sunday morning, February 7 saw a crew headed once again by Jay Hodes serving breakfast to a group of about 80 teens and their advisors about to head home after another eventful MANTY Winter Wonderland-weekend of skiing, worship and camaraderie. The total number of attendees for the whole event was in the range of 150. Sadly Max Tanzer suffered a tough leg injury while skiing the day before. Fortunately Max is recovering well.

Our much anticipated Purim carnival this year was entitled Fan-Purim-Tastic. And indeed it was fantastic, with about 100 “children of all ages” having a great time playing and eating. Our own John Ringling—AKA Joel Gordon—put together ten marvelous games for all to enjoy. There were prizes galore. Refreshments included corn dogs and hamentaschen and chips and soft drinks. Everyone had a wonderful time. See the pictures on pages in this issue.

Brothers will be helping with TAY events in April, including Bagels and Biscuits 5k Run on Sunday, April 15, and also at the Interfaith Seder on Sunday, April 16.

The annual Seniors Dinner, headed up once more by Mark Granoff, will be on Thursday evening, May 12. A delicious meal will be served and we will once more be entertained by the Manchester West High School Jazz ensemble, headed up by Diane Francoeur and featuring TAY’s own Alea Dolman.

Down the road is our Memorial Day Service, scheduled for 5 PM on Monday, May 30 at Manchester Hebrew Cemetery, followed by our Annual Meeting-BBQ on Tuesday evening, June 7.

The Brotherhood-Sisterhood Service is scheduled for Friday night, June 17.

We continue to publicize that we are seeking submissions for Samuel Sugerman Scholarship Award, which will be presented at the Annual Meeting-BBQ, as will our Man of the Year Award.

We continue to mourn the loss this year of Brothers Neil Singer, Bud Baron, Bob Jolton and Phil Gelman, but we know that all of them would want us to keep working toward tikkun olam.

MAY BULLETIN
Will have an article
On making donations to our
various FUNDS.

To make your giving easier and assure proper credit, use the form on p. 12 of this April issue as a model.

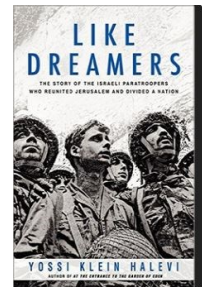
Happy
30th Anniversary



Shelley & Joel Spierer

Adult Ed
Book Discussion
Slated for May

Please join us on **Wednesday, May 11**, at 7 PM, as we celebrate Yom HaAtsmaut, Israeli Independence Day, with a discussion of Chapter One in Yossi Klein HaLevi’s book *Like Dreamers: The Story of the Israeli Paratroopers Who Reunited Jerusalem and Divided a Nation*. A few copies still remain for your purchase at the Temple Office.



Our celebration continues at the Shabbat service on **Friday, May 13**—with a program that highlights Israeli music and dance. **Please watch your email updates for more details and wear your dancing shoes.**



New This Year

TAY members
whose child is not currently enrolled
at the JFNH Preschool

Register for the 2016/17 school year:
You will receive \$100 off your first month’s tuition
with a paid registration

For more info call the **Pre-School: 782-5174**

Nisan/Iyyar 5776

TEMPLE ADATH YESHURUN

DATES & TIMES : MARK YOUR CALENDAR



APRIL

Sunday, April 10

Bagels & Biscuits 5K 8 AM
NO SCHOOL

FRIDAY, April 15

Shabbat Service 7 PM

SATURDAY, April 16

Shabbat Service 10 AM
Joshua Hill is called



to the Torah

Sunday, April 17

Religious School 10 AM—Noon
Preschool P.J. Library Event—Noon
Interfaith Seder—2 PM

Monday, April 18

Seniors Forever Young Board 10 AM

Tuesday, April 19

Religious School 3:45—5:45 PM

Thursday, April 21

TAY Board Meeting 7 PM

FRIDAY, April 22

NO Service at TAY.

FIRST NIGHT SEDER.



SATURDAY, April 23

NO Torah Study

Sisterhood 2nd Night Seder 6 PM

Sunday, April 24

No School—Passover

Tuesday, April 26

No School—Passover

FRIDAY, April 29

OFFICE CLOSED—Passover

Yizkor & Shabbat Service 6:15 PM

SATURDAY, April 30

MANTY Fishercats Game 4 PM

MAY

Sunday, May 1

No School

Monday, May 2

Sisterhood Meeting 6:30

Tuesday, May 3

Religious School 3:45—5:45 PM

Brotherhood Board 7 PM

FRIDAY, May 6

Shabbat Family Service 6 PM with potluck supper afterward. Grades 3 & 4 do service.

SATURDAY, May 7

Torah Study 10 AM

Stahl Family Concert 6:30 PM



[See article & pictures on page ???]

Sunday, May 8

Religious School 10 AM—Noon

Tuesday, May 10

Religious School 3:45—5:45 PM

Sisterhood Rosh Chodesh potluck, offsite 6:30 PM

Wednesday, May 11

Adult Study Group (Like Dreamers by Halevi) 7 PM

Thursday, May 12

Senior Dinner by Brotherhood 6 PM

FRIDAY, May 13

Shabbat Evening Service 6 PM, followed by dinner (by advance reservation), followed by Israeli dancing.

SATURDAY, May 14

Breakfast with Rabbi + Torah Study 9:30 AM

Sunday, May 15

Religious School 10 AM—Noon

TAY Annual Meeting 1 PM

Monday, May 16

IWNH: End of Life Rituals, 6:45 PM

[See poster on p. of Bulletin.]

Tuesday, May 17

Religious School 3:45—5:45 PM

Thursday, May 19

Board Meeting 7 PM

FRIDAY, May 20

OFFICE CLOSED

Shabbat Service 7 PM

SATURDAY, May 21

Torah Study 10 AM

Sunday, May 22

Religious School 10 AM—Noon

TAY Annual Meeting 4:30 PM

Tuesday, May 24

Religious School 3:45—5:45 PM

FRIDAY, May 27

Shabbat Service, 7 PM

High School grads honored.

SATURDAY, May 28

Shabbat Service 10 AM

Ryan Rosenberg is called to the Torah

(No Torah Study.)

Sunday, May 29

No Religious School

Monday, May 30

Memorial Day



Service at Manchester Hebrew Cemetery 5 PM

Tuesday, May 31

Religious School 3:45 PM

Religious School Exposition at 4:30 PM

TEMPLE OFFICE HOURS:

The Sisterhood Gift Shop is open during normal office hours. Office hours sometimes vary due to holidays/construction.

Normal OFFICE HOURS:

Mon. 9 AM—5 PM

Tue. 11 AM—6 PM on school days;
on non-school days, 11-5

Wed. CLOSED

Thu. 9 AM—5 PM

Fri. 9 AM—2 PM

(Call to check before you drive over.)

NEXT



BULLETIN-

DEADLINE:

MAY 1, 2016

for MAY issue.

Copy to Printer

for

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Send news + pictures TO

<aynews@comcast.net>

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